

## ABSTRACT

The present invention relates to dietary fibers and oligosaccharides from Ginseng and process for preparation thereof, more particularly, to a 5 method of preparing the dietary fiber from Ginseng by extruding and centrifuging byproducts from Ginseng extract, in the meantime, preparing the oligosaccharides from Ginseng by treating byproducts from Ginseng extract with polysaccharides hydrolytic enzymes and the subsequent ultrafiltration. Thus it provides prominent effects in producing physiologically active 10 materials such as the dietary fibers and oligosaccharides from the said byproducts in an environment- friendly manner.